

Ready, Set, Kindergarten!!!

Age-Appropriate Self-Help Skills:

- Encourage your child to sneeze and cough into their elbow to minimize the spread of germs.
- Please make sure your child is completely potty-trained before the start of school, which also means:
 - Flushing the toilet
 - Washing their hands with soap and water
 - Being able to handle their own clothing when using the bathroom
- You are encouraged to send in an extra change of clothes to leave in your child's backpack in case of accidents.
- Children should also be able to dress themselves independently with:
 - Clothing (zip, snap, button)
 - Footwear (tying and velcro-ing shoes)

Fine Motor Skills:

- Practice using utensils appropriately, including scissors (thumb up, fingers down)
- Use correct pencil grip; 3-finger grasp using thumb, index and middle finger
- Great fine motor activities include cutting Play-doh, cutting lines, and coloring (We color a lot in Kindergarten!)



Dress Code:

- Please refer to the District's Code of Conduct for dress code information (located on the district calendars sent in mail)
- For P.E and recess, children must wear sneakers

Practice:

- Play board games to practice taking turns, winning and losing, and counting.
- Practice learning letters of the alphabet and of course...

READ, READ, READ!

